



## SP 650 Holy Hacking: Soul Habits for AI Engagement

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# SYLLABUS

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## Course Description

In this innovative course, we embark on a journey to explore the intersection of spirituality, ethics, and artificial intelligence (AI). "Holy Hacking" is a unique blend of ancient wisdom and cutting-edge technology, designed to equip participants with the knowledge and practices needed to engage with AI in a mindful, ethical, and spiritually enriching way. Through a series of immersive experiences and reflective exercises, students will develop essential "Soul Habits" for navigating the digital age with wisdom, mindfulness, and ethical and justice-orientated engagement.

"Holy Hacking: Soul Habits for AI Engagement" offers a holistic approach to navigating the digital age with mindfulness, ethics, and spiritual depth. By developing these soul habits, participants will not only engage with AI more consciously but also cultivate a sense of purpose and inner fulfillment in our technologically driven world.

## Course Outcomes

At the completion of the course, the students will be able to

1. Demonstrate an understanding of how spirituality and ethics intersect with artificial intelligence, identifying key issues and considerations for mindful engagement.
2. Cultivate personal "Soul Habits" that promote mindful, ethical, and justice-oriented engagement with AI, incorporating these habits into their daily interactions with technology.
3. Analyze and critique AI technologies from an ethical standpoint, applying justice-centered frameworks to assess the societal and spiritual implications of AI.
4. Reflect on their own digital habits, developing a practice that aligns with their values and fosters a deeper sense of purpose and spiritual fulfillment in a technology-driven world.
5. Explore ancient spiritual and ethical teachings, translating these insights into practical approaches for addressing modern digital challenges.

## Course Texts

Benjamin, Ruha. (2019). ***Race After Technology. Abolitionist Tools for the New Jim Code.*** Polity: Cambridge.

Delio, Iliia, et. al (2023). ***Religious and Cultural Implications of Technology-Mediated Relationships in a Post Pandemic World.*** Lexington Books: New York.

Hari, Johann. (2022). ***Stolen Focus: Why You Can't Pay Attention.*** Bloomsbury: New York.

Shane, Janelle. (2019). ***You Look Like a Thing and I Love You: How Artificial Intelligence Works and Why It's Making the World a Weirder Place.*** Voracious: New York.

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